

5 STEP ICU VENTED PRONE POSITIONING CHECKLIST



Step 1	Initial Set-up	
	<input type="checkbox"/>	Identify patient as potential proning candidate.
	<input type="checkbox"/>	Discuss potential contraindications with critical care physician
	<input type="checkbox"/>	Confirm that the patient has bowel regimen order placed with intubation
	<input type="checkbox"/>	If patient has a femoral line, attempt replacement for a more accessible line in the proning position
	<input type="checkbox"/>	Obtain required physician's order for prone positioning. 1) Must include frequency and duration.

Step 2	Prepare for Prone Positioning	
	IMMEDIATELY PRIOR	
	<input type="checkbox"/>	Explain procedure to patient/family
	<input type="checkbox"/>	Gather equipment
	<input type="checkbox"/>	1) Appropriate bed (and accessories as needed)
	<input type="checkbox"/>	2) Foam dressings
	<input type="checkbox"/>	3) 2nd sling and chux pad
	<input type="checkbox"/>	4) Fluidized repositioners / A wedges / pillows / 2 reposition slings or 2 sheets
	<input type="checkbox"/>	5) EKG lead stickers
	<input type="checkbox"/>	6) (add equipment list with all items)
	<input type="checkbox"/>	Hold tube feeds for one hour prior to proning and empty drains
	<input type="checkbox"/>	Bathe the patient with CHG wipes
	<input type="checkbox"/>	Remove ETT securement device and change to tape, ensure ETT is secure (double tape if necessary)
	<input type="checkbox"/>	Remove the Foley securement device
	<input type="checkbox"/>	Empty ileostomy, colostomy and Foley bags
	<input type="checkbox"/>	Ensure that a one piece ostomy bag is in place
	<input type="checkbox"/>	Perform oral and ETT suction and ensure inline suction remains in place.
	<input type="checkbox"/>	Ensure all lines are secure
	<input type="checkbox"/>	1) Ensure adequate analgesia, sedation, and paralytic as ordered.
	<input type="checkbox"/>	2) Pause and disconnect non-essential medications.
<input type="checkbox"/>	Apply foam dressings over all pressure points and sensitive skin areas (anterior shoulders, breasts/areolas, anterior hips, knees, top of feet, etc.)	
<input type="checkbox"/>	Form plan for post-prone positioning and support of head, extremities, hips, legs, etc.	
<input type="checkbox"/>	Assemble team and delegate responsibilities	
<input type="checkbox"/>	Minimum of 3 individuals (RT, primary RN, RN or CCT), may need more depending on lift availability / patient requirements.	
<input type="checkbox"/>	1) Identify team leader (bedside or charge RN) to direct the proning process.	
<input type="checkbox"/>	2) Must have a dedicated person (RT) to manage the airway at head of bed.	
<input type="checkbox"/>	3) Ensure RT holds ETT close to patient's mouth.	
<input type="checkbox"/>	4) Place appropriate number of staff members per side to assist with positioning and turning.	
<input type="checkbox"/>	5) Prefer that MD present on unit to assist with emergencies	
<input type="checkbox"/>	Ensure all lines/tubes have a dedicated person monitoring throughout turn.	
<input type="checkbox"/>	Review plan (direction of turn, post-turn positioning, concerns, etc.) with team.	
<input type="checkbox"/>	Connect sling to lift and prepare new sling/chux to roll under patient.	
<input type="checkbox"/>	Remove EKG leads and BP cuff/cable. Leave O2 probe on if able. ART line cables should remain connected at all times.	
<input type="checkbox"/>	Begin actual prone process.	

Step 3	Evaluate patient	
	<input type="checkbox"/>	Assess patient and response to therapy
	Head	
	<input type="checkbox"/>	Soft silicone multi-layered foam prophylactic dressings placed appropriately on pressure points on face.
	<input type="checkbox"/>	Thin foam dressings applied under medical devices.
	<input type="checkbox"/>	Offload head
	<input type="checkbox"/>	Maintain eye care
	Torso	
	<input type="checkbox"/>	Airway patency and vent synchrony.
	<input type="checkbox"/>	Place EKG leads on back while proning.
	<input type="checkbox"/>	Ensure prophylactic foam dressings applied to pressure points.
	<input type="checkbox"/>	Ensure central lines, arterial lines and cannulas are secured
	<input type="checkbox"/>	Ensure that there are no unsecured devices under the torso.
	Legs	
	<input type="checkbox"/>	Ensure prophylactic foam dressings to pressure points applied.
<input type="checkbox"/>	Ensure that there are no unsecured devices under legs.	
<input type="checkbox"/>	Ensure natural body alignment and appropriate support with wedges/pillows, feet are positioned in proper ankle flexion, swimmers position (legs slightly flexed)	
<input type="checkbox"/>	Reconnect all monitoring devices (EKG leads, pulse ox, BP cuff, etc.) and ensure adequate stable values.	
<input type="checkbox"/>	Reconnect any remaining lines disconnected for turn.	
<input type="checkbox"/>	Complete visual assessment at bedside with team and decide if any additional needs are present.	

Step 4	Monitoring Patient	
	<input type="checkbox"/>	Patient's tolerance to turning
	<input type="checkbox"/>	Reposition head hourly while prone to prevent skin breakdown - be sure that the IJ is positioned to prevent lack of breathability
	<input type="checkbox"/>	Reposition arms every 2 hours
	<input type="checkbox"/>	Assess skin for breakdown
	<input type="checkbox"/>	Assess central line dressing (IJ, PICC, SC, femoral) with every repositioning. Change dressing if it is not clean, dry or intact.
	<input type="checkbox"/>	Assess need for central lines daily
	<input type="checkbox"/>	Perform oral care frequently and suction oral secretions
<input type="checkbox"/>	Maintain tube feeding as needed	
<input type="checkbox"/>	Perform pericare at least twice daily and as needed	
<input type="checkbox"/>	Change foam dressings PRN	

Step 5	Returning to supine	
	<input type="checkbox"/>	Change saturated dressings - specifically central line dressings
	<input type="checkbox"/>	Assess need for IJ
	<input type="checkbox"/>	Bathe patient with CHG wipes
<input type="checkbox"/>	Assess need for Foley after final supine - then refer to straight cath protocol for patients who are retaining following Foley removal	