

Values-Based Decision Making Tool to Mitigate Moral Distress Template

This table outline the categories that components of the process fall into; it is not a linear process and as you work through the issue, you will identify different components. This framework is to help organise those thoughts and ideas to reach strategies that align with the underlying values in conflict.

Consider what issue or concern you and your team would like to address, what is it about this situation that is creating distress?

What is Important?	What are the Barriers?	Specific Value Statements: It is Important that ...	General Value: This supports organizing the tool	Practical Strategies: These align with specific values
Identify what you need in this situation?	What is preventing you from achieving your needs?	Consolidate similar needs/ barriers to create specific values statements	Group together similar specific values under general value principles	What strategies live up to your values?
<ul style="list-style-type: none"> ABCs - ventilation and hemodynamic management Safety checks – all patients are safe Sickest patients are identified and prioritized – urgent matters are addressed Comprehensive assessments Pain management Medication administration Orders processed 	<p>Staffing shortage and increased workload is not a normal situation and this is will impact our usual standard of care.</p> <p>Competing safety priorities between patients requires constant assessment, which can be a challenge in demanding times.</p> <p>All nurses especially in a mixed skill teams may have varying ability and approaches to prioritizing care.</p>	We provide life-sustaining and safe patient care.	Patient Wellbeing	<p>Frontline Staff Priorities of care:</p> <ul style="list-style-type: none"> Patient Safety: Urgent needs are addressed first; Assess risk to the patient Assessment: Hemodynamic stability Pain management Medications Patient family