Rhea Trinidad-Lustina
Circle of Excellence

Rhea Trinidad-Lustina is a critical care educator at Kaiser Permanente Los Angeles Medical Center. Rhea consistently finds solutions and makes recommendations to solve issues as they arise. She was instrumental in a CLABSI project that yielded a 60% reduction in CLABSIs in the ICU. Rhea partnered with a vendor to begin training ICU staff nurses to place ultrasound-guided peripheral IVs in an effort to decrease central line days. Rhea worked to train and guide staff in 1:1 training sessions and validations to ensure that each nurse was trained uniformly. The unit now has a high number of staff nurses who can autonomously insert ultrasound-guided peripheral IVs. They have seen a marked reduction in central line days, leading to a significant improvement in CLABSI rates from the previous year.