Exam Handbook



Tele-critical Care

Certification Eligibility Pathway

Acute/Critical Care
Nursing Certification

• Adult

AACN
CERTIFICATION
CORPORATION

Certification Organization for the American Association of Critical-Care Nurses

MISSION

AACN Certification Corporation drives patient health and safety through comprehensive credentialing of acute and critical care nurses, advancing practice consistent with standards of excellence.

VISION

All nurses caring for acutely and critically ill patients and their families are certified.

VALUES

As the Corporation advances its mission and vision to fulfill its purpose and inherent obligation of driving the health and safety of patients experiencing acute and critical illness, we are guided by a set of deeply rooted values. These values are the foundation upon which we build our relentless pursuit of excellence.

- Integrity We demonstrate sound judgment, ethical behavior and accountability in all we do.
- Inclusion We build an equitable culture, inviting the full contribution of all people.
- **Transformation** We drive change and innovation to positively impact the healthcare system and improve the lives of patients, families and nurses.
- **Leadership** We advocate and influence to achieve optimal outcomes and healthy work environments.
- **Relationships** We collaborate and advance partnerships, honoring each individual to strengthen the collective.

ETHICS

AACN and AACN Certification Corporation consider the American Nurses Association (ANA) Code of Ethics for Nurses foundational for nursing practice, providing a framework for making ethical decisions and fulfilling responsibilities to the public, colleagues and the profession. AACN Certification Corporation's mission of public protection supports a standard of excellence where certified nurses have a responsibility to read about, understand and act in a manner congruent with the ANA Code of Ethics for Nurses.

The following AACN Certification Corporation programs have been accredited by the Accreditation Board for Specialty Nursing Certification (ABSNC).



CCRN° (Adult) CCRN° (Pediatric) CCRN° (Neonatal)
CMC° CSC°

The following AACN Certification Corporation programs have been accredited by the National Commission for Certifying Agencies (NCCA).



PCCN° ACNPC-AG° ACCNS-AG° ACCNS-P° ACCNS-N°

Our advanced practice certification programs, ACCNS-AG, ACCNS-P, ACCNS-N and ACNPC-AG, meet the National Council of State Boards of Nursing (NCSBN) criteria for APRN certification programs.

AACN CERTIFICATION CORPORATION

Certification Organization for the American Association of Critical-Care Nurses

CCRN EXAM HANDBOOK Tele-critical Care Eligibility Pathway

Acute/Critical Care Nursing Certification - Adult

As healthcare becomes increasingly complex and challenging, certification has emerged as a mark of excellence showing patients, employers and the public that a nurse possesses a defined body of knowledge and has met the rigorous requirements to achieve specialty and/or subspecialty certification.

AACN Certification Corporation programs were created to protect healthcare consumers by validating the knowledge of nurses who care for and/or influence the care delivered to the acutely and critically ill. We are pleased to provide you with this handbook with information about our programs and how to apply for and take the CCRN certification exam - Tele-critical Care Eligibility Pathway.

Today, more than 136,000 practicing nurses hold one or more of these certifications from AACN Certification Corporation:

Specialty Certifications

CCRN[®] is for the nurse providing care to or influencing the care of acutely/critically ill adult, pediatric or neonatal patients. Three eligibility pathways are available:

- Direct Care for the nurse who provides direct care to acutely/critically ill adult, pediatric or neonatal patients.
- **Knowledge Professional** for the nurse who influences the care delivered to acutely/critically ill adult, pediatric or neonatal patients, but does not primarily or exclusively provide direct care.
- **Tele-critical Care** for the nurse working in a tele-critical care setting monitoring/caring for acutely/critically ill adult patients from a remote location.

PCCN[®] is for the progressive care nurse. Two pathways of eligibility are available:

- **Direct Care** for the nurse providing direct care to acutely ill adult patients.
- **Knowledge Professional** for the nurse who influences the care delivered to acutely ill adult patients, but does not primarily or exclusively provide direct care.

Subspecialty Certifications

CMC® is for the certified nurse providing direct care to acutely/critically ill adult cardiac patients.

CSC® is for the certified nurse providing direct care to acutely/critically ill adult patients during the first 48 hours after cardiac surgery.

Advanced Practice Certifications

ACNPC-AG® is for the nurse educated at the graduate level as an adult-gerontology acute care nurse practitioner (AGACNP).

The **ACCNS** credentials are for nurses educated at the graduate level as clinical nurse specialists to provide care across the continuum from wellness through acute care:

ACCNS-AG® is for the clinical nurse specialist educated to care for adult-gerontology patients.

ACCNS-P[®] is for the clinical nurse specialist educated to care for pediatric patients.

ACCNS-N® is for the clinical nurse specialist educated to care for neonatal patients.

With implementation of the Consensus Model in 2015, ACNPC and CCNS are available as renewal options only:

ACNPC® is for the acute care nurse practitioner educated to provide care to adult patients.

CCNS® is for the acute/critical care clinical care specialist educated to provide care to adult, pediatric or neonatal patients.

AACN Certification Corporation's APRN certifications are recognized for licensure in all U.S. states and territories.

We continually seek to provide quality certification programs that meet the changing needs of nurses and patients. Please visit www.aacn.org/certification, or call 800-899-2226 for more information about the above certifications.

Thank you for your commitment to patients and their families and to becoming certified.



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The following information can be found in the Certification Exam Policy Handbook online at www.aacn.org/certhandbooks:

- AACN Certification Programs
- Name and Address Changes
- Confidentiality of Exam Application Status
- Testing Options
- Exam Scheduling and Cancellation
- Exam Day Experience

- Duplicate Score Reports
- Recognition of Certification
- Use of Credentials
- Denial of Certification
- Revocation of Certification
- Review and Appeal of Certification Eligibility

Which CCRN Eligibility Pathway is Right for You?

Direct Care Pathway

You provide direct care to acutely/ critically ill (adult, pediatric or neonatal) patients, regardless of their geographic location.

ELIGIBILITY

- A current, unencumbered U.S. RN or APRN license is required.
- Candidates must complete one of the following clinical practice hour requirement options:

Two-Year Option: Practice as an RN or APRN for 1,750 hours in direct care of acutely/critically ill patients during the previous two years, with 875 of those hours accrued in the most recent year preceding application.

OR

Five-Year Option: Practice as an RN or APRN during the previous five years with a minimum of 2,000 hours in direct care of acutely/critically ill patients, with 144 of those hours accrued in the most recent year preceding application.

For more details, refer to the <u>CCRN</u> <u>Exam Handbook - Direct Care</u> <u>Eligibility Pathway</u> at <u>www.aacn.org/certhandbooks</u>.

Knowledge Professional Pathway

You apply knowledge that influences the care delivered to acutely/ critically ill (adult, pediatric or neonatal) patients, but do not primarily or exclusively provide direct care.

ELIGIBILITY

- A current, unencumbered U.S. RN or APRN license is required.
- Candidates must meet the following practice requirement.

Practice as an RN or APRN for 1,040 hours during the previous two years, with 260 of those hours accrued in the most recent year preceding application.

Eligible practice hours include those in which the nurse applies knowledge in a way that influences patients, nurses and/or organizations to have a positive impact on the care delivered to acutely/critically ill patients and families.

For more details, refer to the <u>CCRN</u>
<u>Exam Handbook - Knowledge</u>
<u>Professional Eligibility Pathway</u> at www.aacn.org/certhandbooks.

Tele-critical Care Pathway

You monitor and care for acutely/ critically ill (adult) patients by camera from a centralized or remote tele-critical care setting that is networked to the bedside.

ELIGIBILITY

- A current, unencumbered U.S. RN or APRN license is required.
- Candidates must complete one of the following clinical practice hour requirement options:

Two-Year Option: Practice as an RN or APRN for 1,750 hours in the care of acutely/critically ill patients in a tele-critical care setting or in a combination of tele-critical care and direct care during the previous two years, with 875 of those hours accrued in the most recent year preceding application.

OR

Five-Year Option: Practice as an RN or APRN during the previous 5 years with a minimum of 2,000 hours in the care of acutely/critically ill patients in a tele-critical care setting or in a combination of tele-critical care and direct care, with 144 of those hours accrued in the most recent year preceding application.

For more details, explore this **CCRN Exam Handbook - Tele-critical Care Eligibility Pathway**.

The majority of practice hours for CCRN eligibility must focus on critically ill patients.

CCRN Certification Program

CCRN® Registered Service Mark

CCRN is a registered service mark and denotes certification in acute/critical care nursing as granted by AACN Certification Corporation. Registered nurses who have not achieved CCRN certification, whose CCRN certification has lapsed or who have chosen Inactive status are not authorized to use the CCRN credential.

Misuse of the credential is viewed by AACN Certification Corporation as misleading to the public and may result in denial or revocation of certification.

Although a common misconception, CCRN is not an acronym for "critical care registered nurse." This would imply that nurses are registered as critical care nurses, which is not accurate.

Purpose and Rationale

CCRN certification is a specialty certification for nurses who provide care to or influence the care of acutely/critically ill adult, pediatric or neonatal patients.

The CCRN exam is based on a study of practice, also known as a job analysis. The job analysis, conducted at least every five years, validates the knowledge, skills and abilities required for safe and effective practice as an RN or APRN who provides care to or influences the care delivered to acutely/critically ill patients in one of the following patient populations: adult, pediatric or neonatal.

The test plan, which provides an outline of exam content, is developed by an expert CCRN panel based on the results of the study of practice. The organizing framework for all AACN Certification Corporation exams is the AACN Synergy Model for Patient Care TM .

Clinical practice requirements have been validated by subject matter experts. The required hours of clinical practice correspond to the third stage of competence in *Benner's Stages of Clinical Competence*. CCRN certification denotes to the public those practitioners who possess a distinct and clearly defined body of knowledge called acute/critical care nursing.

CCRN Exam Content

The CCRN exams are 3-hour tests consisting of 150 multiple-choice items. Of the 150 items, 125 are scored and 25 are used to gather statistical data on item performance for future exams.

The CCRN exams focus on the adult, pediatric or neonatal patient population. Eighty percent (80%) of each exam focuses on Clinical Judgment and the remaining 20% covers Professional Caring and Ethical Practice.

CCRN Test Plans

The content of the CCRN exams is described in the test plans included in this handbook. Candidates are tested on a variety of patient care problems that are organized under major categories. Please note the percentage of the CCRN exam devoted to each category.

Passing Point/Cut Score

A criterion-referenced standard setting process, known as the modified Angoff, is used to establish the passing point/cut score for the exam. Each candidate's performance on the exam is measured against a predetermined standard.

The passing point/cut score for the exam is established using a panel of subject matter experts, a Score Evaluation Committee (SEC), who carefully reviews each exam question to determine the basic level of knowledge or skill that is expected. The passing point/cut score is based on the panel's established difficulty ratings for each exam question.

Under the guidance of a psychometrician, the panel develops and recommends the passing point/cut score, which is reviewed and approved by AACN Certification Corporation. The passing point/cut score for the exam is established to identify individuals with an acceptable level of knowledge and skill. All individuals who pass the exam, regardless of their score, have demonstrated an acceptable level of knowledge.

CCRN Exam - Tele-critical Care Eligibility Pathway

Licensure

Current, unencumbered U.S.¹ RN or APRN licensure is required.

- An unencumbered license is not currently being subjected to formal discipline by the board of nursing in the state(s) in which you are practicing and has no provisions or conditions that limit your nursing practice.²
- Provisions or conditions may include, but are not limited to, direct supervision of practice, drug administration limitations and/or practice area exclusions.
- Documentation of all provisions and conditions from the board or its designee must be reviewed prior to approval for testing.
- Candidates and CCRN-certified nurses must notify AACN Certification Corporation within 30 days if any provisions or conditions are placed on their RN or APRN license(s).

Practice

Candidates must meet *one* of the following clinical practice requirement options:

Practice as an RN or APRN for 1,750 hours in the care
of acutely/critically ill adult patients in a tele-critical
care setting or in a combination of tele-critical care
and direct care during the previous 2 years, with
875 of those hours accrued in the most recent year
preceding application.

OR

Practice as an RN or APRN during the previous
 5 years with a minimum of 2,000 hours in the care
 of acutely/critically ill adult patients in a tele-critical
 care setting or in a combination of tele-critical care
 and direct care, with 144 of those hours accrued in
 the most recent year preceding application.

A majority of the total practice hours and those within the year prior to application for CCRN exam eligibility must focus on *critically* ill patients.

Orientation hours spent shadowing/working with another nurse who is the one with the patient assignment *cannot* be counted toward clinical hours for CCRN eligibility; however, orientation hours during which you are the assigned nurse providing care to acutely/critically ill patients may be counted.

Clinical practice hours must be completed in a U.S.-based¹ or Canada-based facility or in a facility determined to be comparable to the U.S. standard of acute/critical care nursing practice as evidenced by Magnet® designation or Joint Commission International accreditation.

Nurses serving as manager, educator (in-service or academic), APRN or preceptor may apply hours spent supervising nursing students or nurses at the bedside or with nurses who are practicing remotely.

 Nurses in these roles must be actively involved in patient care; for example, a manager or a CNS for a tele-critical care service may provide clinical rounds or be consulted in the management of an individual patient.

Practice Verification

The name and contact information of a professional associate must be given for verification of eligibility related to practice hours. If you are selected for audit, this associate will need to verify in writing that you have met the clinical hour requirements.

 A professional associate is defined as your clinical supervisor or a colleague (RN or physician) with whom you work.

AACN Certification Corporation may adopt additional eligibility requirements at its sole discretion. Any such requirements will be designed to establish, for the purposes of CCRN certification, the adequacy of a candidate's knowledge in care of the acutely/critically ill.

¹ Includes District of Columbia and U.S. territories of Guam, Virgin Islands, American Samoa and Northern Mariana Islands

² If a restriction (temporary or permanent) is placed on an RN or APRN license for an incident that occurred prior to obtaining the license, AACN Certification Corporation will evaluate such an occurrence on a case-by-case basis to determine if exam eligibility requirements are met.

Application Fees

| CCRN Fees | Member | Nonmember |
|---------------------|--------|-----------|
| Computer-Based Exam | \$250 | \$365 |
| Retest | \$175 | \$280 |
| Renewal by Exam | \$175 | \$280 |

Payable in U.S. funds. Fees are subject to change without notice. A \$15 fee will be charged for a returned check.

Computer-based testing discounts are available for groups of **10 or more** candidates submitting their AACN certification exam applications in the same envelope. Employers may pre-purchase exam vouchers at a further discounted rate.

For details about the Group Discount and Organization Discount Programs, visit www.aacn.org/certdiscounts, email certdiscounts, email certdiscounts, email certdiscounts, email certdiscounts, emailto:certification@aacn.org or call 800-899-2226.

Online Application Process

- ▶ Register online for computer-based testing at www.aacn.org/certification > Get Certified
- ▶ **Before you get started**, have available the following:
 - RN or APRN license number and expiration date
 - Name, address, phone and email address of your clinical supervisor or a professional colleague (RN or physician) who can verify your practice eligibility
 - Credit card (Visa, MasterCard, Discover or American Express)

> Same day processing

Paper Application Process

- ▶ Paper applications are required for those applying with a group, for paper-and-pencil exams and for testing outside the U.S.
- ► Complete the application on pages 20 and 21 and honor statement on page 22
 - Fill in all requested information, including that for your RN or APRN license

▶ Include application fee

- Credit card, check or money order
- ▶ Allow 2 to 4 weeks for processing

Use your legal name on the application.

This name must match photo identification used for exam entry and will be the name printed on your certificate.

1. Receive confirmation email

- After you successfully apply for the exam, you will receive a confirmation email from AACN with information about how to schedule your exam appointment. The email will include the eligibility period during which you must take the exam normally a 90-day window, but currently a 180-day window.
- If you do not receive your confirmation email after applying for an exam, please contact AACN Customer Care at 800-899-2226 or certcorp@aacn.org.

2. Schedule your exam

- In your confirmation email from AACN, you will find a link to schedule your exam appointment. In your AACN customer dashboard, you will also find a "Schedule Exam" link. Both links will take you to the AACN Scheduling page.
- Before selecting an exam date, you will need to choose your preferred computer-based testing option at a PSI Testing Center or via Live Remote Proctoring from your computer in a quiet, private location. For details, refer to the <u>Certification Exam Policy Handbook</u> online at www.aacn.org/certhandbooks.
- If you are taking a paper-and-pencil exam or testing outside the U.S., AACN and PSI will coordinate with you to schedule your exam appointment.

3. Sit for the exam

- Upon completion of computer-based exams, results will show on-screen and a detailed score report will be emailed to you within 24 hours.
- Results of paper-and-pencil exams are received by mail 6 to 8 weeks following testing.
- Successful candidates will receive their wall certificate approximately 3 to 4 weeks after exam results are received.

Please ensure that AACN has your current contact information on record.

Updates may be made online at www.aacn.org/myaccount or emailed to info@aacn.org. For name changes, please call AACN Customer Care at **800-899-2226**.

CCRN Renewal - Tele-critical Care Pathway

Purpose and Limitations of Renewal Options

The purpose of certification renewal is to promote continued competence. The renewal process helps to maintain an up-to-date knowledge base through continuing education and practice hours, or practice hours and passing the certification exam.

Following are the limitations to the components of the renewal options:

- CE/CERP limitations include content quality and relevance to practice as well as an individual's ability to self-select CE/CERPs most pertinent to the individual's practice and educational needs.
- Limitations of practice hours include the quality of the practice environment and limitations on learning opportunities.
- One limitation of the exam is not assessing new competencies, as exam competencies were validated through initial certification.

Requiring two components for renewal rather than one decreases the limitations and furthers the goal of continued competence.

Renewal Period

CCRN certification is granted for a period of 3 years. Your certification period begins the first day of the month in which the CCRN certification exam is passed and ends 3 years later; for example, February 1, 2023 through January 31, 2026.

Renewal notifications will be emailed to you starting 4 months before your scheduled CCRN renewal date. **You are responsible for renewing your certification even if you do not receive renewal notification.** Refer to www. aacn.org/certification > Renew Certification for current information.

Renewal Eligibility Pathways

Three renewal eligibility pathways are available to CCRN certificants.

CCRN - Direct Care Pathway

If you primarily or exclusively provide direct care to acutely/critically ill patients (population matching certification held - adult, pediatric or neonatal) in specialty areas such as intensive care units, cardiac care units, combined ICU/CCUs, trauma units or critical care transport/flight, CCRN renewal via the Direct Care Eligibility Pathway may be an option.

For more details, refer to the <u>CCRN Renewal Handbook</u> - <u>Direct Care Eligibility Pathway</u> online at <u>www.aacn.org/</u> certhandbooks.

CCRN - Knowledge Professional Pathway

If you apply knowledge in a way that influences patients, nurses and/or organizations to have a positive impact on the care delivered to acutely/critically ill patients (population matching certification held - adult, pediatric or neonatal), but do not primarily or exclusively provide direct care, CCRN renewal via the Knowledge Professional Eligibility Pathway may be an option.

For more details, refer to the <u>CCRN Renewal Handbook</u> <u>- Knowledge Professional Eligibility Pathway</u> online at <u>www.aacn.org/certhandbooks</u>.

CCRN - Tele-critical Care Pathway

If you focus on monitoring and caring for acutely/critically ill adult patients by camera from a centralized or remote tele-critical care setting that is networked to the bedside, CCRN renewal via the Tele-critical Care Eligibility Pathway may be an option.

For more details, refer to the <u>CCRN Renewal Handbook</u> <u>- Tele-critical Care Eligibility Pathway</u> online at <u>www.</u> aacn.org/certhandbooks.

¹ Includes District of Columbia and U.S. territories of Guam, Virgin Islands, American Samoa and Northern Mariana Islands

CCRN Renewal - Tele-critical Care Pathway (continued)

Renewal Options

You may seek CCRN certification renewal via Renewal by Synergy CERPs or Renewal by Exam, or you may choose Inactive, Retired or Alumnus status. Online Renewal is available to all active certificants as early as 4 months prior to their scheduled renewal date. Visit www.aacn. org/certification > Renew Certification.

Option 1 - Renewal by Synergy CERPs

- Meet eligibility requirements for CCRN renewal and complete the Continuing Education Recognition Point (CERP) Program, which requires 100 CERPs in various categories (A, B & C).
- You must retain evidence of your achievement of the required CERPs. Up to 3 years following your scheduled renewal date, you may be selected for audit.

Option 2 - Renewal by Exam

- Meet the eligibility requirements for CCRN renewal and successfully apply for and schedule your exam.
- The CCRN exam must be completed **before** your scheduled renewal date. You may not take the exam early, then attempt to renew by CERPs if you do not pass.

Option 3 - Inactive Status

 Inactive status is available to CCRN-certified nurses who do not meet the renewal eligibility requirements but do not wish to lose their certification status. Inactive status provides additional time, up to 3 years from the scheduled renewal date, to meet the renewal eligibility requirements.

AACN Synergy Model for Patient Care

Synergy is an evolving phenomenon that occurs when individuals work together in mutually enhancing ways toward a common goal. AACN Certification Corporation is committed to ensuring that certified nursing practice is based on the needs of patients. Integration of the AACN Synergy Model for Patient Care into AACN Certification Corporation's certification programs puts emphasis on the patient and says to the world that patients come first.

The Synergy Model creates a comprehensive look at the patient. It puts the patient in the center of nursing practice. The model identifies nursing's unique contributions to patient care and uses language to describe the professional nurse's role. It provides nursing with a venue that clearly states what we do for patients and allows us to start linking ourselves to, and defining ourselves within, the context of the patient and patient outcomes.

Patient Characteristics

The Synergy Model encourages nurses to view patients in a holistic manner rather than the "body systems" medical model. Each patient and family is unique, with a varying capacity for health and vulnerability to illness. Each patient, regardless of the clinical setting, brings a set of unique characteristics to the care situation. Depending on where they are on the healthcare continuum, patients may display varying levels of the following characteristics:

| Resiliency | Capacity to return to a restorative level of functioning using compensatory/coping mechanisms; the ability to bounce back quickly after an insult |
|-------------------------------------|---|
| Vulnerability | Susceptibility to actual or potential stressors that may adversely affect patient outcomes |
| Stability | Ability to maintain a steady-state equilibrium |
| Complexity | Intricate entanglement of two or more systems (e.g., body, family, therapies) |
| Resource Availability | Extent of resources (e.g., technical, fiscal, personal, psychological and social) the patient/family/community bring to the situation |
| Participation in Care | Extent to which patient/family engages in aspects of care |
| Participation in Decision Making | Extent to which patient/family engages in decision making |
| Predictability | A characteristic that allows one to expect a certain course of events or course of illness |

FOR EXAMPLE:

A healthy, uninsured, 40-year-old woman undergoing a pre-employment physical could be described as an individual who is (a) stable (b) not complex (c) very predictable (d) resilient (e) not vulnerable (f) able to participate in decision making and care, but (g) has inadequate resource availability.

On the other hand: a critically ill, insured infant with multisystem organ failure can be described as an individual who is (a) unstable (b) highly complex (c) unpredictable (d) highly resilient (e) vulnerable (f) unable to become involved in decision making and care, but (g) has adequate resource availability.

AACN Synergy Model for Patient Care (continued)

Nurse Characteristics

Nursing care reflects an integration of knowledge, skills, abilities and experience necessary to meet the needs of patients and families. Thus, nurse characteristics are derived from patient needs and include:

| Clinical Judgment | Clinical reasoning, which includes clinical decision making, critical thinking and a global grasp of the situation, coupled with nursing skills acquired through a process of integrating education, experiential knowledge and evidence-based guidelines. |
|-----------------------------|--|
| Advocacy/ Moral Agency | Working on another's behalf and representing the concerns of the patient/family and nursing staff; serving as a moral agent in identifying and helping to resolve ethical and clinical concerns within and outside the clinical setting. |
| Caring Practices | Nursing activities that create a compassionate, supportive and therapeutic environment for patients and staff, with the aim of promoting comfort and healing and preventing unnecessary suffering. These caring behaviors include but are not limited to vigilance, engagement and responsiveness of caregivers. Caregivers include family and healthcare personnel. |
| Collaboration | Working with others (e.g., patients, families, healthcare providers) in a way that promotes/encourages each person's contributions toward achieving optimal/realistic patient/family goals. Collaboration involves intra- and inter-disciplinary work with colleagues and community. |
| Systems Thinking | Body of knowledge and tools that allow the nurse to manage whatever environmental and system resources that exist for the patient/family and staff, within or across healthcare systems and non-healthcare systems. |
| Response to Diversity | The sensitivity to recognize, appreciate and incorporate differences into the provision of care. Differences may include, but are not limited to, individuality, cultural, spiritual, gender, race, ethnicity, lifestyle, socioeconomic, age and values. |
| Facilitation of Learning | The ability to facilitate learning for patients/families, nursing staff, other members of the healthcare team and community. Includes both formal and informal facilitation of learning. |
| Clinical Inquiry | The ongoing process of questioning and evaluating practice and providing informed practice. Creating changes through evidence-based practice, research utilization and experiential knowledge. |
| | |

Nurses become competent within each continuum at a level that best meets the fluctuating needs of their population of patients. More compromised patients have more severe or complex needs, requiring nurses to have advanced knowledge and skills in an associated continuum.

FOR EXAMPLE:

If the patient was stable but unpredictable, minimally resilient and vulnerable, primary competencies of the nurse would be centered on clinical judgment and caring practices (which includes vigilance). If the patient was vulnerable, unable to participate in decision making and care, and had inadequate resource availability, the primary competencies of the nurse would focus on advocacy and moral agency, collaboration and systems thinking.

Although all eight competencies are essential for contemporary nursing practice, each assumes more or less importance depending on a patient's characteristics. Synergy results when a patient's needs and characteristics are matched with the nurse's competencies.

Based on the most recent AACN Certification Corporation study of nursing practice, the test plans for our certification exams reflect the Synergy Model as well as findings related to nursing care of the adult patient population.

For more information about the AACN Synergy Model for Patient Care visit www.aacn.org.

Adult CCRN Test Plan

Applies to exams taken on and after March 25, 2020.

I. CLINICAL JUDGMENT (80%)

A. Cardiovascular (17%)

- 1. Acute coronary syndrome:
 - a. NSTEMI
 - b. STEMI
 - c. Unstable angina
- 2. Acute peripheral vascular insufficiency:
 - a. Arterial/venous occlusion
 - b. Carotid artery stenosis
 - c. Endarterectomy
 - d. Fem-Pop bypass
- 3. Acute pulmonary edema
- 4. Aortic aneurysm
- 5. Aortic dissection
- 6. Aortic rupture
- 7. Cardiac surgery:
 - a. CABG
 - b. Valve replacement or repair
- 8. Cardiac tamponade
- 9. Cardiac trauma
- 10. Cardiac/vascular catheterization
- 11. Cardiogenic shock
- 12. Cardiomyopathies:
 - a. Dilated
 - b. Hypertrophic
 - c. Idiopathic
 - d. Restrictive
- 13. Dysrhythmias
- 14. Heart failure
- 15. Hypertensive crisis
- Myocardial conduction system abnormalities (e.g., prolonged QT interval, Wolff-Parkinson-White)
- 17. Papillary muscle rupture
- 18. Structural heart defects (acquired and congenital, including valvular disease)
- 19. TAVR

B. Respiratory (15%)

- 1. Acute pulmonary embolus
- 2. ARDS
- 3. Acute respiratory failure
- 4. Acute respiratory infection (e.g., pneumonia)
- 5. Aspiration

- 6. Chronic conditions (e.g., COPD, asthma, bronchitis, emphysema)
- 7. Failure to wean from mechanical ventilation
- 8. Pleural space abnormalities (e.g., pneumothorax, hemothorax, empyema, pleural effusions)
- 9. Pulmonary fibrosis
- 10. Pulmonary hypertension
- 11. Status asthmaticus
- 12. Thoracic surgery
- 13. Thoracic trauma (e.g., fractured rib, lung contusion, tracheal perforation)
- 14. Transfusion-related acute lung injury (TRALI)

C. Endocrine/Hematology/Gastrointestinal/ Renal/Integumentary (20%)

- 1. Endocrine
 - a. Adrenal insufficiency
 - b. Diabetes insipidus (DI)
 - c. Diabetes mellitus, types 1 and 2
 - d. Diabetic ketoacidosis (DKA)
 - e. Hyperglycemia
 - f. Hyperosmolar hyperglycemic state (HHS)
 - g. Hyperthyroidism
 - h. Hypoglycemia (acute)
 - i. Hypothyroidism
 - i. SIADH
- 2. Hematology and Immunology
 - a. Anemia
 - b. Coagulopathies (e.g., ITP, DIC, HIT)
 - c. Immune deficiencies
 - d. Leukopenia
 - e. Oncologic complications (e.g., tumor lysis syndrome, pericardial effusion)
 - f. Thrombocytopenia
 - g. Transfusion reactions
- 3. Gastrointestinal
 - a. Abdominal compartment syndrome
 - b. Acute abdominal trauma
 - c. Acute GI hemorrhage
 - d. Bowel infarction, obstruction, perforation (e.g., mesenteric ischemia, adhesions)
 - e. GI surgeries (e.g., Whipple, esophagectomy, resections)

Adult CCRN Test Plan (continued)

Endocrine/Hematology/Gastrointestinal/ Renal/Integumentary (cont.)

- f. Hepatic failure/coma (e.g., portal hypertension, cirrhosis, esophageal varices, fulminant hepatitis, biliary atresia, drug-induced)
- g. Malnutrition and malabsorption
- h. Pancreatitis
- 4. Renal and Genitourinary
 - a. Acute genitourinary trauma
 - b. Acute kidney injury (AKI)
 - c. Chronic kidney disease (CKD)
 - d. Infections (e.g., kidney, urosepsis)
 - e. Life-threatening electrolyte imbalances
- 5. Integumentary
 - a. Cellulitis
 - b. IV infiltration
 - c. Necrotizing fasciitis
 - d. Pressure injury
 - e. Wounds:
 - i. infectious
 - ii. surgical
 - iii. trauma

D. Musculoskeletal/Neurological/ Psychosocial (14%)

- 1. Musculoskeletal
 - a. Compartment syndrome
 - b. Fractures (e.g., femur, pelvic)
 - c. Functional issues (e.g., immobility, falls, gait disorders)
 - d. Osteomyelitis
 - e. Rhabdomyolysis
- 2. Neurological
 - a. Acute spinal cord injury
 - b. Brain death
 - c. Delirium (e.g., hyperactive, hypoactive, mixed)
 - d. Dementia
 - e. Encephalopathy
 - f. Hemorrhage:
 - i. intracranial (ICH)
 - ii. intraventricular (IVH)
 - iii. subarachnoid (traumatic or aneurysmal)
 - g. Increased intracranial pressure (e.g., hydrocephalus)

- h. Neurologic infectious disease (e.g., viral, bacterial, fungal)
- i. Neuromuscular disorders (e.g., muscular dystrophy, CP, Guillain-Barré, myasthenia)
- j. Neurosurgery (e.g., craniotomy, Burr holes)
- k. Seizure disorders
- Space-occupying lesions (e.g., brain tumors)
- m. Stroke:
 - i. hemorrhagic
 - ii. ischemic (embolic)
 - iii. TIA
- n. Traumatic brain injury (TBI): epidural, subdural, concussion
- 3. Behavioral and Psychosocial
 - a. Abuse/neglect
 - b. Aggression
 - c. Agitation
 - d. Anxiety
 - e. Suicidal ideation and/or behaviors
 - f. Depression
 - g. Medical non-adherence
 - h. PTSD
 - i. Risk-taking behavior
 - j. Substance use disorders (e.g., withdrawal, chronic alcohol or drug dependence)

E. Multisystem (14%)

- 1. Acid-base imbalance
- 2. Bariatric complications
- 3. Comorbidity in patients with transplant history
- 4. End-of-life care
- 5. Healthcare-associated conditions (e.g., VAE, CAUTI, CLABSI)
- 6. Hypotension
- 7. Infectious diseases:
 - a. Influenza (e.g., pandemic or epidemic)
 - b. Multi-drug resistant organisms (e.g., MRSA, VRE, CRE)
- 8. Life-threatening maternal/fetal complications (e.g., eclampsia, HELLP syndrome, postpartum hemorrhage, amniotic embolism)
- 9. Multiple organ dysfunction syndrome (MODS)

Adult CCRN Test Plan (continued)

Multisystem (cont.)

- 10. Multisystem trauma
- 11. Pain: acute, chronic
- 12. Post-intensive care syndrome (PICS)
- 13. Sepsis
- 14. Septic shock
- 15. Shock states:
 - a. Distributive (e.g., anaphylactic, neurogenic)
 - b. Hypovolemic
- 16. Sleep disruption (including sensory overload)
- 17. Thermoregulation
- 18. Toxic ingestion/inhalations (e.g., drug/alcohol overdose)
- 19. Toxin/drug exposure (including allergies)

II. PROFESSIONAL CARING & ETHICAL PRACTICE (20%)

- A. Advocacy/Moral Agency
- **B.** Caring Practices
- C. Response to Diversity
- D. Facilitation of Learning
- E. Collaboration
- F. Systems Thinking
- **G.** Clinical Inquiry

Order of content does not necessarily reflect importance.

Adult CCRN Test Plan Testable Nursing Actions

In addition to classifying items according to clinical practice or professional caring and ethical practice topics, items will be classified according to a nursing action as appropriate.

CLINICAL JUDGMENT

General

- Recognize normal and abnormal:
 - developmental assessment findings and provide developmentally appropriate care
 - physical assessment findings
 - psychosocial assessment findings
- Recognize signs and symptoms of emergencies, initiate interventions, and seek assistance as needed
- Recognize indications for, and manage patients requiring:
 - capnography (EtCO₂)
 - central venous access
 - medication reversal agents
 - palliative care
 - SvO₂ monitoring
- · Manage patients receiving:
 - complementary/alternative medicine and/or nonpharmacologic interventions
 - medications (e.g., safe administration, monitoring, polypharmacy)
- Monitor patients and follow protocols for pre- and postoperative care
- Assess pain
- Evaluate patient's response to interventions
- Identify and monitor normal and abnormal diagnostic test results
- Manage fluid and electrolyte balance
- Manage monitor alarms based on protocols and changes in patient condition

Cardiovascular

- Apply leads for cardiac monitoring
- · Identify, interpret and monitor cardiac rhythms
- Recognize indications for, and manage patients requiring:
 - 12-lead ECG
 - arterial catheter
 - cardiac catheterization
 - cardioversion

- central venous pressure monitoring
- defibrillation
- IABP
- invasive hemodynamic monitoring
- pacing: epicardial, transcutaneous, transvenous
- pericardiocentesis
- QT interval monitoring
- ST segment monitoring
- Manage patients requiring:
 - endovascular stenting
 - PCI

Respiratory

- Interpret blood gas results
- Recognize indications for, and manage patients requiring:
 - modes of mechanical ventilation
 - noninvasive positive pressure ventilation (e.g., BiPAP, CPAP, high-flow nasal cannula)
 - oxygen therapy delivery devices
 - prevention of complications related to mechanical ventilation (ventilator bundle)
 - prone positioning
 - pulmonary therapeutic interventions related to mechanical ventilation: airway clearance, extubation, intubation, weaning
 - therapeutic gases (e.g., oxygen, nitric oxide, heliox, CO₂)
 - thoracentesis
 - tracheostomy

Hematology and Immunology

- Manage patients receiving transfusion of blood products
- Monitor patients and follow protocols:
 - pre-, intra-, post-intervention (e.g., plasmapheresis, exchange transfusion, leukocyte depletion)
 - related to blood conservation

Adult CCRN Test Plan Testable Nursing Actions (continued)

Neurological

- Recognize indications for, and manage patients requiring neurologic monitoring devices and drains (e.g., ICP, ventricular or lumbar drain)
- Use a swallow evaluation tool to assess dysphagia
- Manage patients requiring:
 - neuroendovascular interventions (e.g., coiling, thrombectomy)
 - neurosurgical procedures (e.g., pre-, intra-, post-procedure)
 - spinal immobilization

Integumentary

 Recognize indications for, and manage patients requiring, therapeutic interventions (e.g. wound VACs, pressure reduction surfaces, fecal management devices, IV infiltrate treatment)

Gastrointestinal

- Monitor patients and follow protocols for procedures pre-, intra-, post-procedure (e.g., EGD, PEG placement)
- Intervene to address barriers to nutritional/fluid adequacy (e.g., chewing/swallowing difficulties, alterations in hunger and thirst, inability to self-feed)
- Recognize indications for, and manage patients requiring:
 - abdominal pressure monitoring
 - GI drains
 - enteral and parenteral nutrition

Renal and Genitourinary

- · Identify nephrotoxic agents
- Monitor patients and follow protocols pre-, intra-, and post-procedure (e.g., renal biopsy, ultrasound)
- Recognize indications for, and manage patients requiring, renal therapeutic intervention (e.g., hemodialysis, CRRT, peritoneal dialysis)

Musculoskeletal

- Manage patients requiring progressive mobility
- Recognize indications for, and manage patients requiring, compartment syndrome monitoring

Multisystem

- · Manage continuous temperature monitoring
- Provide end-of-life and palliative care
- Recognize risk factors and manage malignant hyperthermia
- Recognize indications for, and manage patients undergoing:
 - continuous sedation
 - intermittent sedation
 - neuromuscular blockade agents
 - procedural sedation minimal
 - o procedural sedation moderate
 - targeted temperature management (previously known as therapeutic hypothermia)

Behavioral and Psychosocial

- Respond to behavioral emergencies (e.g., nonviolent crisis intervention, de-escalation techniques)
- Use behavioral assessment tools (e.g., delirium, alcohol withdrawal, cognitive impairment)
- Recognize indications for, and manage patients requiring:
 - behavioral therapeutic interventions
 - medication management for agitation
 - physical restraints

Adult CCRN Sample Questions

The purpose of the sample questions is to familiarize candidates with the style and format of the certification exam items.

- The nursing staff is resisting being assigned to a disruptive patient. An appropriate resolution would be to
 - A. ask the provider to transfer the patient.
 - B. rotate the patient assignment among staff.
 - C. confront the family and demand an end to the behavior.
 - D. hold a nursing team conference to discuss care needs.
- A patient with unstable angina has an IABP inserted. Hemodynamics are:

HR 148 (sinus tachycardia)

MAP 40 mm Hg
PAOP 25 mm Hg
CI 1.4 L/min/m²

Which of the following should be included in this patient's plan of care?

- A. checking timing of the IABP, decreasing balloon to 1:2 frequency
- B. obtaining an echocardiogram and administering furosemide (Lasix)
- C. infusing dobutamine (Dobutrex) and obtaining a 12-lead ECG
- D. administering adenosine (Adenocard) rapidly and checking results of Hgb and Hct
- 3. The family of a critically ill patient wishes to spend the night, which is contrary to visiting policy. The nurse's BEST action would be to
 - A. adhere to the visiting policy.
 - B. allow the family to stay in the room.
 - C. obtain a motel room near the hospital where the family can spend the night.
 - D. allow one or two family members to stay and evaluate the patient's response.

- 4. A patient with a recent myocardial infarction suddenly develops a loud systolic murmur. The MOST LIKELY cause is which of the following?
 - A. pulmonary embolism
 - B. congestive heart failure
 - C. ruptured papillary muscle
 - D. increased systemic vascular resistance
- 5. Members of the nursing staff are developing written patient education materials for a group of patients with diverse reading abilities. It would be MOST EFFECTIVE for the staff to
 - A. design individual handouts for each patient.
 - B. develop a computer-based education series.
 - C. write the materials at a fourth-grade reading level.
 - D. limit text and provide color pictures.
- 6. A patient who is 72 hours postoperative repair of a ruptured abdominal aortic aneurysm (AAA) suddenly becomes dyspneic with an increased respiratory rate from 24 to 40. An ABG sample obtained while the patient is receiving oxygen at 6 L/min via nasal cannula reveals the following results:

pH 7.50

pCO₂ 31 mm Hg pO₂ 48 mm Hg

A chest x-ray is obtained and a "ground-glasslike appearance" is reported. Lung auscultation bilaterally reveals basilar crackles that were not previously present. The nurse should suspect that the patient has developed

- A. a pulmonary embolus.
- B. bacterial pneumonia.
- C. chronic obstructive pulmonary disease.
- D. acute respiratory distress syndrome.

Adult CCRN Sample Questions (continued)

- 7. A patient on mechanical ventilation is postoperative day 5 for spinal injury sustained playing
 college football. He was unusually disengaged
 the previous day. Today he is agitated, combative
 during care and forgot his family was at the
 bedside an hour ago. Other physiological factors
 ruled out. The nurse should recognize the patient
 is MOST LIKELY experiencing
 - A. acute dementia.
 - B. acute delirium.
 - C. alcohol withdrawal.
 - D. steroid withdrawal.
- 8. A patient who is one day post-gastroplasty has a sudden onset of restlessness, dyspnea and chest pain. His heart rate is 122, and auscultation of heart sound reveals an increased intensity of a pulmonary S2. The MOST LIKELY cause is
 - A. aspiration pneumonia.
 - B. a spontaneous pneumothorax.
 - C. a pleural effusion.
 - D. a pulmonary embolus.

Answers

- 1. D
- 2. A
- 3. D
- 4. C
- 5. C 6. D
- 7. B
- 8. D

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| CUSTOMER: | | RN/APRN | LICENSE: | | | |
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2 of 3

CCRN Exam Application - Tele-critical Care Pathway

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| 5. | DEMOGRAPHIC INFORMAT | TION | | |
| | Check one box in each categor | ical purposes and may be used | in eligibility determination. | |
| | Primary Area Employed ☐ Acute Hemodialysis Unit (21) ☐ Burn Unit (13) ☐ Cardiac Rehabilitation (26) ☐ Cardiac Surgery/OR (36) | ☐ Subacute Care (28) ☐ Surgical ICU (07) ☐ TeleICU (37) ☐ Telemetry (20) ☐ Trauma Unit (11) | ☐ Technician (21) ☐ Unit Coordinator (22) ☐ Other - specify below(99) | ☐ Home Health (13) ☐ Long-Term Acute Care Hosp. (16) ☐ Military/Government Hospital (04) ☐ Non-Academic Teaching Hosp. (14) ☐ Registry (10) |
| | ☐ Cardiovascular/Surgical ICU (09) ☐ Catheterization Lab (22) ☐ Combined Adult/Ped. ICU (23) ☐ Combined ICU/CCU (01) ☐ Coronary Care Unit (03) | Primary Position Held | Highest Nursing Degree ☐ Associate's Degree ☐ Bachelor's Degree ☐ Diploma | ☐ Self-Employed (09) ☐ State Hospital (06) ☐ Travel Nurse (15) ☐ University Med. Ctr. (03) ☐ Other – specify below |
| | ☐ Corporate Industry (24) ☐ Crit. Care Transport/Flight (17) | ☐ Academic Faculty (07) ☐ Acute Care Nurse Practitioner (09) | ☐ Doctorate ☐ Master's Degree | (99 |
| | ☐ Direct Observation Unit (39) | ☐ Bedside/Staff Nurse (01) | Li Master's Degree | (33) |
| | ☐ Emergency Dept. (12) ☐ General Med./Surg. Floor (18) ☐ Home Care (25) ☐ Intensive Care Unit (02) | ☐ Case Manager (39) ☐ Charge Nurse (45) ☐ Clinic Nurse (40) ☐ Clinical Coordinator (44) | Ethnicity African American (02) Asian (05) Hispanic (03) | Number of Beds in Institution: |
| | ☐ Interventional Cardiology (31) ☐ Long-Term Acute Care (27) ☐ Medical Cardiology (34) ☐ Medical ICU (04) | ☐ Clinical Director (04) ☐ Clinical Nurse Specialist (08) ☐ Corporate/Industry (11) ☐ Hospital Administrator (38) | □ Native American (04) □ Pacific Islander (06) □ White/Non-Hispanic (01) □ Other – specify below | Years of Experience in Nursing: |
| | ☐ Medical Surgical ICU (35) ☐ Neonatal ICU (06) ☐ Neuro./Neurosurgical ICU (10) ☐ Oncology Unit (19) | ☐ Internist (37) ☐ Legal Nurse Consultant (47) ☐ Manager (03) ☐ Nurse Anesthetist (02) | (99) Primary Type of Facility in Which | Years of Experience in Acute/Critical Care Nursing: |
| | ☐ Operating Room (15) ☐ Outpatient Clinic (29) ☐ Pediatric ICU (05) ☐ Private Practice (32) ☐ Progressive Care Unit (16) | □ Nurse Educator (46) □ Nurse Midwife (13) □ Nurse Practitioner (05) □ Outcomes Manager (42) □ Physician (16) | Employed ☐ College/University (08) ☐ Community Hospital (Nonprofit) (01) ☐ Community Hospital (Profit) (02) ☐ Corporate/Industry (11) | Date of Birth: (mm/dd/yy): |
| | ☐ Recovery Room/PACU (14) ☐ Respiratory ICU (08) ☐ Stepdown Unit (30) | ☐ Physician Assistant (17) ☐ Researcher (18) ☐ Respiratory Therapist (19) | ☐ County Hospital (07) ☐ Federal Hospital (05) ☐ HMO/Managed Care (12) | Gender: □ Male □ Female □ Non-binary |

6. HONOR STATEMENT

Complete the Honor Statement on page 22.

7. SUBMIT APPLICATION

Attach Honor Statement to this application and submit with payment to:

AACN Certification Corporation 27071 Aliso Creek Road Aliso Viejo, CA 92656-3399

or fax to: 949-362-2020

DO NOT mail AND fax your application - please choose only ONE method.

NOTE: Allow **2 to 4 weeks** from the date received by AACN Certification Corporation for application processing. Questions? Please visit www.aacn.org/certification, email certification@aacn.org or call us at 800-899-2226.

Please complete page 3 of application (honor statement).

3 of 3

CCRN Exam Honor Statement - Tele-critical Care Pathway

PROCESSING WILL BE DELAYED IF INCOMPLETE OR NOT LEGIBLE.

| NAME: | AACN CUSTOMER #: | | | |
|--|---|--|---|--|
| Last | First | MI | | |
| I hereby apply for the CCRN cert the exam policies and eligibility Pathway and the <u>Certification Ex</u> | requirements as do | cumented in the <i>CCRI</i> | | |
| nursing license An unencumbered license is not which I am practicing and has not must notify AACN Certification C APRN license(s) in the future. | currently being sub provisions or cond | (number) is due to e pjected to formal disci ditions that limit my n | expireipline by the board of nursin oursing practice in any way. I | (date). g in the state(s) in understand that I |
| PRACTICE : I have fulfilled <i>one</i> of | f the following clini | cal practice requireme | ent options: | |
| | or in a combination | n of tele-critical care a | ically ill adult patients in a te and direct care during the par cation. | |
| OR | | | | |
| critically ill adult patients i | n a tele-critical care | e setting (behind a ca | um of 2,000 hours in the care mera) or in a combination o year preceding application. | |
| A majority of the total practice h critically ill patients. | ours and those with | nin the year prior to ap | pplication for exam eligibility | y were focused on |
| Hours were completed in a U.S. standard of acute/critical care n accreditation. | | | | |
| PRACTICE VERIFICATION : Foll (RN or physician) who can verify | | | | ssional colleague |
| Verifier's Name: | | Facility Name: | | |
| Last | First | | | |
| Verifier's Phone Number: | | Verifier's Email Ad | idress: | |
| You may not list yourself or a relativ | e as your verifier. | | | |
| AUDIT : I understand that my ce result in revocation of certificati | | is subject to audit, an | nd failure to respond to or pa | ass an audit will |

ETHICS: I understand the importance of ethical standards and agree to act in a manner congruent with the ANA Code of Ethics for Nurses.

NONDISCLOSURE OF EXAM CONTENT: Submission of this application indicates my agreement to keep the contents of the exam confidential and not disclose or discuss specific exam content with anyone except AACN Certification Corporation. Per AACN Certification Corporation policy, sharing of exam content is cause for revocation of certification.

To the best of my knowledge, the information contained in this application is accurate and submitted in good faith. My signature below indicates I have read this honor statement and meet the eligibility requirements as outlined.

Applicant's Signature: Date:

